



LEGENDE

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| | TAG 1 Ankunft | | Unterkunft |
| | TAG 2 10 km, 3,5 h | | Vulkan |
| | TAG 3 19 km, 8-10 h | | See |
| | TAG 4 20 km, 9-10 h | | |
| | TAG 5 18 km, 10 h | | |
| | TAG 6 12 km, 6-8 h | | |
| | TAG 7 Heiße Quellen | | |
| | TAG 8 Abreise | | |